

YOU HAVE UNTIL DECEMBER 31, 2022 TO COMPLETE YOUR BIOMETRIC SCREENING TO EARN YOUR \$400.00 WELLNESS INCENTIVE FOR 2022!

The Teamsters Local Union No. 731 Wellness Program is now administered by CHC Wellbeing. To qualify for a \$400.00 Wellness Incentive in 2022, you will need to complete your biometric screening between January 1, 2022 and December 31, 2022.

1. Test at a Local Lab facility.
2. Utilize blood test results (drawn 1/1/2022 - 12/31/2022) from your own Physician.

It's Easy to Sign up:

- To Register for the screening, go to app.chcw.com and follow the steps to register.
- **New Participants:** Enter in program code **5356Tea154** in the "New Participants" box and select "Register." Follow the prompts to register and sign up for a screening.
- **Returning Participants:** Log in with your CHC username and password. On your Wellbeing Journey page, select the "Join the New Wellness Program" card and enter code **5356Tea154**. Complete the cards on your Journey page to successfully register for the screening.
- **Note:** The program code provided to you for 2021 will not work to register for 2022.
- If you need assistance, you can call **(866) 373-4242** to sign up for your screening via telephone.

How to Qualify:

- **SCREENING THROUGH A LOCAL LAB:** VISIT A LAB BY DECEMBER 31, 2022.
 - When registering for the screening, select the "Test at a Lab" option. After completing registration and your Health & Lifestyle Survey, print or display on your telephone the two lab forms at your local LabCorp Facility.
- **PHYSICIAN FORM:** VISIT YOUR DOCTOR AND SUBMIT YOUR RESULTS NO LATER THAN DECEMBER 31, 2022.
 - When registering for the screening, select the "Physician Form" option. After completing registration and your Health & Lifestyle Survey, print and take the form to your physician and have them fill it out. Upload your results to your CHC portal by logging in to app.chcw.com and clicking the "Upload Your Results" button OR via facsimile to CHC at (847) 437-2775.

NOTE: Test results must be from blood drawn between 1/1/2022 and 12/31/2022. Test results from year 2021 will not be considered or qualify for the 2022 incentive.

By participating in the Wellness Program, you will also receive \$0.00 co-pays for all drugs and services through 12/31/2023 related to:

- Diabetes
- Chronic Obstructive Pulmonary Disease (COPD)
- Coronary Heart Disease (CAD)
- Hypertension
- Hyperlipidemia
- Congestive Heart Failure (CHF)
- Asthma

If you have any questions regarding the Wellness Incentive, the \$0.00 co-pays or how the Wellness Program operates, kindly contact the Fund Office at (630) 887-4150.

THERE IS NO COST TO YOU*

**Available at no cost for all covered Members and spouses - paid for by the IBT Local 731 Health & Welfare Benefit Funds*

NOTE: YOUR RESULTS ARE 100% CONFIDENTIAL



**TEAMSTERS LOCAL 731
HEALTH & WELFARE FUNDS**

